How We can Help:

- Confidential Support
- Crisis Intervention
- Emergency Shelter
- Safety Planning
- Transitional Housing Assistance
- Court and Legal Advocacy
- Legal Assistance
- Protection Order, Divorce, Custody
- Hospital Accompaniment
- Women's Support Group
- Sexual Assault Survivors Group
- Training/Education
- Referrals

IN AN EMERGENCY DIAL 911!

PASSAMAQUODDY POLICE DEPT
207-796-2704
EMERGENCY: 207-796-5200

STATE POLICE
1-800-432-7381

WASHINGTON COUNTY SHERIFF
207-255-4422 or 207-255-3128

Maine Wabanaki Tribes
Domestic and Sexual Violence Advocacy Centers:

INDIAN TOWNSHIP
PASSAMAQUODDY
DOMESTIC AND SEXUAL VIOLENCE ADVOCACY CENTER
207-214-1917

PASSAMAQUODDY PEACEFUL RELATIONS
Office: 207-853-2600 ext. 266
Hotline: 1-877-853-2613

AROOSTOOK BAND OF MICMACS
DOMESTIC & SEXUAL VIOLENCE ADVOCACY CENTER
Office: 207-760-0570
Hotline: 207-551-3639

MALISEET DOMESTIC & SEXUAL VIOLENCE ADVOCACY CENTER
Office: 207-532-3000
Hotline: 207-532-6401

PENOBSLOT NATION DOMESTIC AND SEXUAL VIOLENCE ADVOCACY CENTER
Office: 207-817-3167
Hotline: 207-631-4886

Indian Township
PASSAMAQUODDY
Domestic and Sexual Violence Advocacy Center
P.O. Box 301
Princeton, ME 04668
Office: (M-F 7:30 AM-4PM)
Phone: 207.796.6106

HOTLINE
207-214-1917

Serving Survivors of Domestic Violence, Sexual Violence, Dating Violence, and Stalking

Domestic and Sexual Violence is NOT the Wabanaki way. Respect is the Wabanaki tradition.
Warning Signs of Abuse:

**Coercion and Threats:** Threats to hurt you and/or your loved ones; Threatening to leave you; Threatening or attempting suicide/self harm; Threatening to report you to Child Welfare; Making you drop charges; Making you do illegal things

**Intimidation:** Making you afraid by using looks, actions, and gestures; Smashing things; Destroying your property; Abusing pets; Displaying weapons

**Privilege:** Treating you as inferior because of your gender, culture, etc.; Making all of the decisions; Acting like the “master of the castle”; Defining your role

**Economic Abuse:** Preventing you from getting or keeping a job; Making you ask for money; Giving you an allowance; Taking your money; Not telling you about or giving you access to family income; Making all financial decisions

**Using the Children:** Making you feel guilty about the children; Using the children to relay messages; Using visitation to harass you; Threatening to take the children away; Making the children take sides

**Emotional Abuse:** Putting you down; Making you feel bad about yourself; Calling you names; Making you think you’re crazy; Mind games; Humiliating you; Making you feel guilty

**Isolation:** Controlling what you do, who you see and talk to you, where you go; Limiting your outside involvement; Using jealousy to justify actions

**Minimizing, Denying, and Blaming:** Making light of the abuse and not taking your concerns seriously; Saying the abuse didn’t happen; Shifting responsibility for abusive behavior; Saying you caused it

**Violence:** Using physical and/or sexual violence against you

Being abused is a frightening and lonely experience. You may wonder, “Is there something wrong with me that makes him/her do this?” or “Am I the only one?”

**IT IS NOT YOUR FAULT. YOU ARE NOT ALONE. HELP IS AVAILABLE TO YOU 24/7 CALL OUR HOTLINE 207-214-1917**

**HUMAN RIGHTS**

- We have the right not to be abused.
- We have the right to freedom from fear and abuse.
- We have the right to anger.
- We have the right to share our thoughts and feelings and not be isolated from others.
- We have the right to privacy.
- We have the right to be treated like adults.
- We have the right to choose to change the situation.
- We have the right to want better role models for our children.
- We have the right to leave the abusive environment.
- We have the right to ask for support from our families and friends.
- We have the right to request and expect assistance from police and social service agencies.
- We have the right to take legal action against our abusers.
- We have the right to develop our individual talents and abilities.
- We have the right not to be perfect.
- We have the right to love and happiness.